## Cleveland Clinic Healthy Choice

## New This Year | 4th Quarter Reward

## Healthy Choice 4th Quarter Reward

To get started, login to or create a Healthy Choice portal account.

- Two tasks will be offered each month. Choose one task and complete it by the end of that month to earn a one-time
  exclusive reward code.
- Visit the Pop-Up Store located in your Healthy Choice portal account to browse unique Healthy Choice merchandise and redeem your reward code.

4th Quarter Reward Goals Choose one task to complete each month		
October	November	December
6 - Balanced Mind Videos	9 - Health Insurance 101 Videos	7 - Well-being Videos
or	or	or
180,000 Steps or	180,000 Steps or	180,000 Steps or
900 Activity Minutes	900 Activity Minutes	900 Activity Minutes

Members must have a Healthy Choice account to participate. If you have a spouse on the plan, they are also eligible. Participants are able to earn one reward between October 1 – December 31. Tasks reset on the first of each month. Merchandise is not eligible for exchanges, refunds or returns. This reward is not specific to your Healthy Choice health status or health plan premium. You can earn a reward by completing the assigned videos for that month, 180,000 steps or 900 activity minutes. Reward code must be used by February 14, 2025.

## Questions? Reach out to the EHP Wellness Specialists at 216.986.1050, option 3.



The Healthy Choice Program is a voluntary program that runs from Jan. – Sept. from the Employee Health Plan that rewards you for managing your health. If you meet your goals, you become eligible to save up to 30% on next year's health plan premiums.

New This Year! The 4<sup>th</sup> Quarter Reward is a fun and engaging way for you to interact with your Healthy Choice portal the last 3 months of the year. Complete the tasks to earn Healthy Choice merchandise in the Pop-Up Store. View the other side for more information.