



Program Requirements | Healthy Modified

The Healthy Choice program is a voluntary premium discount program from the Employee Health Plan (EHP) that rewards you for taking action to manage your health. The program provides resources to help you save on your premium and support your overall well-being. When you participate and meet the program requirements, you'll be eligible to earn up to a 30% discount off next year's premium.

If you have a spouse on the health plan, they can also participate, and together you can achieve the best discount.

Health Status | Healthy Modified

Your Health Status is: **Healthy Modified**. This means your goals will include tracking fruits/veggies or water.

How to Get Started

Download the Healthy Choice app and create or log in to your account.

APPLE



ANDROID



How to Earn Full Credit

- Login to your portal by **March 31**.
- Log your fruit/veggies or water intake **10 times** each calendar month for **6 months**.
- Complete the required fruit/veggies or water logging in your portal by **Sept. 30**.

Refer to the FAQ found in your portal for more details.

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How to Earn Partial Credit

Option 1

- Login to your portal by **June 30**.
- Log your fruits/veggies or water intake **10 times** each calendar month for **3 months**.
- Complete the required fruit/veggies or water logging in your portal by **Sept. 30**.

Option 2

- Login to your portal by **March 31**.
- Log your fruits/veggies or water intake **5 times** each calendar month for **6 months**.
- Complete the required fruit/veggies or water logging in your portal by **Sept. 30**.

Refer to the FAQ found in your portal for more details.

Finish Strong by the Sept. 30 Final Deadline

Questions? The EHP team is here to help. Contact us at 216.986.1050, option 3, or visit our website at <https://employeehealthplan.clevelandclinic.org> for more information.

Your health plan is committed to helping you achieve your best health. Rewards for participating in a wellness program are available to all employees. If you think you might be unable to meet a standard for a reward under this wellness program, you might qualify for an opportunity to earn the same reward by different means. We will work with you (and, if you wish, with your doctor) to find a wellness program with the same reward that is right for you in light of your health status.

Remember: HIPAA regulations apply to questions you ask about the members of your household covered by the Health Plan.

Under HIPAA, EHP, like other health insurers, is permitted to access health data for the purposes of claims payment, health program development and treatment coverage. As with any of our healthcare plans and programs, plan member privacy is protected in full compliance with HIPAA.

For more details about our privacy policies, visit <https://employeehealthplan.clevelandclinic.org/Privacy-Policy.aspx>