

My EHP Health Connection™

From the Employee Health Plan

Cleveland Clinic
Employee Health Plan Bulletin
EHP and EHP Plus
July 2026

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Your Healthy Choice Premium Discount Is Changing: Learn More

This year, nearly 40,000 members are participating in the Employee Health Plan (EHP)'s Healthy Choice program to earn savings on their health plan premiums while focusing on their health.

To continue offering meaningful savings to members in the future, we are updating how we calculate the premium discount.

Starting with the 2027 program year, Healthy Choice will transition from a **percentage-based premium** discount to a **flat dollar amount**. This means the flat dollar discount will apply to health plan premiums that go into effect Jan. 1, 2027, or after.

Why are we making this change?

As health plan premiums increase year-to-year, percentage-based discounts increase program costs over time.

Updating the discount calculation to a more predictable model allows us to maintain a steady Healthy Choice offering for years to come.

This change is part of a broader, multi-year strategy to simplify the program. In doing so, we continue to reward healthy behaviors while helping manage healthcare costs for both members and the organization.

What this means for you

- You will continue to earn a premium discount for the following benefit year by participating in Healthy Choice.
- There is no change to the premium discount dollar amount you have earned for 2026.
- Your 2027 health plan premium discount will be the dollar value equivalent of the medal level you earned or will earn by achieving your Healthy Choice goals in 2026.
 - For example, if you earn a Diamond level discount in 2026, your 2027 discount will be the dollar value equivalent of 30% of your current (2026) health plan premium. The reward will not increase with the premium inflation we expect for 2027.

This approach, plus additional changes and enhancements we'll announce later this year, allows us to maintain our Healthy Choice offering while helping keep premiums and plan costs more consistent over time.

Healthy Choice remains an important part of supporting your health and well-being, including managing your healthcare costs.

Caregivers can check the intranet for more details and updates in the months ahead.



Complete 2026 Healthy Choice Goals by Sept. 30

The 2026 Healthy Choice program deadline is Sept. 30. Here are a few additional reminders:

Important Dates

The final metrics window is Aug. 15 – Sept. 30.

Activity Track Participants

Confirm your device is syncing to the Healthy Choice portal weekly. Screenshots of steps or active minutes **will not be accepted** for credit in the Activity Track.

Health Coaching and Care Coordination Participants

- Message your Health Coach regularly to accumulate your required weekly messages before the Sept. 30 deadline.
- Log in to your portal account to confirm when your next check-in is due and make sure you are current.
- Obtain and report completion of your final metrics to your Health Coach or Care Coordinator between Aug. 15 and Sept. 30. More details on available locations will be shared soon for those enrolled in Health Coaching and Care Coordination.

Additional Reminders

- Submit your completed Health Visit Form (if required) no later than Sept. 30.
- To work toward full credit, you must have enrolled in your required track(s) by March 31. Enrolled by June 30? Continue making progress toward partial credit!
- Questions? An EHP Wellness Specialist is here to help. Contact us at 216.986.1050, option 3.



Provider Updates

Provider Directories

As a reminder, the most current provider information can be found in your plan-specific provider directory located in your Aetna Health Account. We recommend you create an Aetna Health Account at [Aetna.com](https://www.aetna.com) where you can search for providers, view your claims and much more. You can also access your plan-specific directory on our website at employeehealthplan.clevelandclinic.org by clicking on the blue "Find A Provider/Facility" button.

Ohio Head and Neck Surgeons, Inc. added to EHP Network in Canton, Ohio

Effective April 14, 2026, **Ohio Head and Neck Surgeons Inc.** in Canton, Ohio, was added to the Quality Alliance (QA) network and are now in-network for EHP.

Ohio Head and Neck Surgeons provide comprehensive ear, nose and throat services, expanding otolaryngology support to more members. Surgical procedures must be performed at an in-network facility. Physicians in this practice have admitting privileges at Mercy Hospital.

Ohio Head and Neck Surgeons is located at 4912 Higbee Avenue, NW, Suite 200, Canton, Ohio. Visit their website at ohioheadandneck.com for details or call 330.492.2844 (toll-free at 800.541.6664).

Amazon One Medical Now Available for Northeast Ohio Members

As part of Cleveland Clinic's collaboration with Amazon One Medical, Employee Health Plan (EHP and EHP Plus) members and their dependents in Northeast Ohio can join the subscription-based service for free and can access the Shaker Heights and Avon locations.

Amazon One Medical offers primary care services remotely or in-person and provides services for preventive care, mental health care and treatment of chronic conditions and more. A few examples include:

- Annual wellness visits.
- Colds, flu and COVID-19.
- Headaches.
- Allergies.
- Routine cancer screenings.
- Chronic health conditions.

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In addition, 24/7 virtual care is also available. Options at zero cost with the membership can be found under “Get On Demand Care” and are called “Direct Message Care” and “Video Care.” Note: All other visits, including those under “Schedule A Visit,” are billed to insurance and will be adjudicated in accordance with the health plan benefit. Only the One Medical Shaker Heights and Avon locations and providers are in-network for EHP and EHP Plus members.

Scan the QR code below to activate your membership, using the activation code: **CLEVXOM**.



Ayble Health

(Ohio and Florida Members)

In collaboration with the Cleveland Clinic Digestive Disease Institute and Ayble Health, EHP is offering gastrointestinal (GI) nutrition and mental health support for members diagnosed with Crohn’s Disease, ulcerative colitis or irritable bowel syndrome (IBS).

Ayble Health offers the following:

- 24/7 support from a care team including a doctor and health coach who work with your Cleveland Clinic provider.
- Personalized food guidance to understand what impacts your symptoms.
- Guided brain-gut training to help manage stress that affects your digestions – developed by Cleveland Clinic’s experts in GI psychology.

Ayble is covered at no cost to eligible health plan members after applicable copays. Scan the QR code below to get started.



Questions? Contact support@ayblehealth.com. An Ayble representative will be happy to assist you.



Cleveland Clinic Express Cares Converting to Urgent Cares

During 2026, the Cleveland Clinic Express Cares listed below have or will be converted to Urgent Cares:

Location	Effective Date
Broadview Heights	Spring 2026
Lorain	February 2026
Wadsworth	July 2026
Stow	July/August 2026
Willoughby Hills	Fourth Quarter 2026

As a reminder, the copay for any Urgent Care visit under the Employee Health Plan is \$50.



Big Goals. Bigger Results: Celebrating Our 2025 Weight Watchers Success!

EHP members crushed their wellness goals last year through our **Weight Watchers** program. By Dec. 31, 2025, our enrolled members achieved some truly inspiring milestones:

- **6,747 Total pounds lost** (compared to starting weights!)
- **22% of participants** successfully moved to a lower BMI category

Join in the success! Whether you want more energy, healthier habits, or a total lifestyle shift, the WW program is here to back you up.

Get started with your **50%** EHP discount. Membership can cost as low as **\$9.25** per month. Join at www.com/clevelandclinic



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