

Activity Device Guide | Garmin

How to link a Garmin device to the Healthy Choice App

Link your Garmin account directly to your Healthy Choice portal.

1. First download and login or create a Garmin account. Sync your phone to the Garmin App and ensure steps or active minutes are tracking.
2. Scan the QR code or click the logo to download the Healthy Choice App.



3. Log in to or create a Healthy Choice account.
4. Tap the menu (3 dots) and select the “Link Device” tab, then tap on “Link to Garmin”.
5. Enter your Garmin account credentials and click “login.”
6. Once logged in, the privacy statement will populate, click “Save.”
7. Click “authorize” to approve access to your activity data.
8. Navigate to the Healthy Choice portal and tap the running man icon to view your dashboard and confirm your data is syncing to the portal.

NOTE: It is the members responsibility to ensure steps or active minutes are uploading to the Healthy Choice portal. In order for steps or activity data to show in your Healthy Choice portal you must open the Healthy Choice App to allow the data to sync. We recommend opening the Healthy Choice App on a weekly basis.

Need help with your device?

Contact Garmin: 800.800.1020

[Garmin Customer Service Website](#)

Questions? Contact the EHP Wellness Specialists at 216.986.1050, option 3 for more information.