

Program Requirements | Care Coordinator Program

The Healthy Choice program is a voluntary premium discount program from the Employee Health Plan (EHP) that rewards you for taking action to manage your health. The program provides resources to help you save on your premium and support your overall well-being. When you participate and meet the program requirements, you'll be eligible to earn a discount off next year's premium.

If you have a spouse on the health plan, they can also participate, and together you can achieve the best discount.

Incentive Program(s) | Care Coordinator Program

Your current Incentive Program is: **Care Coordinator Program**. This means you've been identified with at least one of the Track(s) listed below. You will partner with a care coordinator to help you meet goals specific to these Track(s).

If you're identified for more than one premium Track, you must enroll in **ALL** Tracks to work toward a premium discount.

Select the Track(s) below to view the goals:

[Asthma Track](#)[Diabetes Track](#)[Hypertension Track](#)[Hyperlipidemia Track](#)[Weight Track](#)

How to Get Started

- Scan the QR code or click the logo to download the Healthy Choice App.

APPLE**ANDROID**

- Create or log in to your account.
- Once logged in, under "Tracks", click "Enroll" and submit the required information.
- Your status will update to "In progress" until you connect with your care coordinator.
- If you are enrolling in the Care Coordinator Program, you can expect a phone call within two weeks from the date of enrollment.

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How to Earn Full Credit

- Enroll in **ALL** required premium Tracks no later than **March 31** to participate for a minimum of **6 months**.
- Connect with your care coordinator to review your goals and communicate as required.
- If you are identified for multiple Tracks, you must meet your goals in **ALL** premium Tracks between **Aug. 15–Sept. 30**.
- Obtain and report completion of final metrics to your care coordinator between **Aug. 15–Sept. 30**.

How to Earn Partial Credit

Option 1

- Enroll in **ALL** required premium Tracks no later than **March 31** to participate for a minimum of **6 months**.
- Connect with your care coordinator to review your goals and communicate as required.
- If you are identified for multiple Tracks, you must enroll in **ALL** premium Tracks and meet some of your goals between **Aug. 15–Sept. 30**.
- Obtain and report completion of final metrics to your care coordinator between **Aug. 15–Sept. 30**.

Option 2

- Enroll in **ALL** required premium Tracks no later than **June 30** to participate for a minimum of **3 months**.
- Connect with your care coordinator to review your goals and communicate as required.
- If you are identified for multiple Tracks, you must enroll in **ALL** premium Tracks and meet **ALL** of your goals between **Aug. 15–Sept. 30**.
- Obtain and report completion of final metrics to your care coordinator between **Aug. 15–Sept. 30**.

Additional Information

- If you have more than one Track your goals may vary.
- Members in the Weight Track only:
 - If you do not agree with this Track, you can submit an appeal with a body fat analysis for consideration no later than March 31. Please contact your care coordinator for more information.
 - Credit will not be given if your ending weight exceeds your starting weight or if you do not complete and report required final metrics.
- Pregnancy changes your program requirements. Refer to the FAQ found in your portal or contact your care coordinator for more information.
- If you do not agree with your Track(s), you can submit an appeal for consideration no later than March 31. Please contact your care coordinator for more information.

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Goals | Tracks

The goals below are required for you to earn a Healthy Choice premium discount. Progress toward meeting these goals will be listed in the Healthy Choice portal. These goals are specific to the Care Coordinator Program and your goals may vary. Please contact your care coordinator to understand the goals specific to you.

Goals	
Asthma Track	<ul style="list-style-type: none"> • I communicate with my care coordinator regularly. • I understand my asthma action plan and reviewed it with my care coordinator this year. • I understand my medications for asthma, I refill them and take them as directed.
Diabetes Track	<ul style="list-style-type: none"> • I communicate with my care coordinator regularly. • I had my annual dilated retina eye exam. • I had my annual foot check completed. • I had my HbA1c testing done at least 2 times this year. • My HbA1c is at or below a target of 7.0% or custom target approved through my care coordinator. • I have completed my annual microalbumin testing. • I understand my medications for diabetes and their side effects. I refill them and take them as directed.
Hyperlipidemia Track	<ul style="list-style-type: none"> • I communicate with my care coordinator regularly. • I had my annual low-density lipoprotein (LDL) labs completed. • My low-density lipoprotein (LDL) is at or below 130mg/dl, or 100mg/dl if identified with coronary artery disease (CAD) or diabetes. • If prescribed, I am taking my medication for hyperlipidemia as ordered.
Hypertension Track	<ul style="list-style-type: none"> • I communicate with my care coordinator regularly. • My blood pressure is at or below 140/90. If I also have coronary artery disease (CAD) my blood pressure is at or below 130/80. • I understand my medications for hypertension and their side effects. I refill them and take them as directed.
Weight Track	<ul style="list-style-type: none"> • I communicate with my care coordinator regularly. • I have met my weight loss goal. • My low-density lipoprotein (LDL) is at or below 130mg/dl. If I also have coronary artery disease (CAD) or diabetes, my LDL is at or below 100mg/dl. • My blood pressure is at or below 140/90. If I also have CAD my blood pressure is at or below 130/80.

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Finish Strong by the Sept. 30 Final Deadline

Obtain and report completion of final metrics to your care coordinator between **Aug. 15–Sept. 30**.

Questions? Contact an EHP Wellness Specialist at 216.986.1050, option 3, or visit our website at <https://employeehealthplan.clevelandclinic.org> for more information.

Your health plan is committed to helping you achieve your best health. Rewards for participating in a wellness program are available to all employees. If you think you might be unable to meet a standard for a reward under this wellness program, you might qualify for an opportunity to earn the same reward by different means. We will work with you (and, if you wish, with your doctor) to find a wellness program with the same reward that is right for you in light of your health status.

Under HIPAA, EHP, like other health insurers, is permitted to access health data for the purposes of claims payment, health program development and treatment coverage. As with any of our healthcare plans and programs, plan member privacy is protected in full compliance with HIPAA.

View our privacy policies at [Notice of Privacy Practice](#)

View the nondiscrimination notice at [EHP Non-Discrimination Notice](#)

Remember: HIPAA regulations apply to questions you ask about the members of your household covered by the Health Plan.