



# Healthy Choice for New Caregivers

The Healthy Choice program is a voluntary discount program from the Employee Health Plan (EHP) that rewards you for taking action to manage your health. The program provides resources to help you save on healthcare costs for the following calendar year. As a new caregiver at Cleveland Clinic, you will be eligible to join the Healthy Choice for New Caregivers program to have the opportunity to earn a premium discount. When you participate and meet the program requirements, you'll earn a 15% discount off the following year's premium.

\*You must be enrolled in the Employee Health Plan to participate in the Healthy Choice for New Caregivers program.

## 1 Log into your Healthy Choice Portal



To get started, scan the QR code below to download the app. You will need your health plan ID and date of birth to create your account and log in.

APPLE



ANDROID



## 2 Connect an activity device



Now that you have created your Healthy Choice account, it is time to connect your activity device to the Healthy Choice app.

- Select "Link Device", then select the device you want to connect.
- Click [here](#) for step-by-step instructions or visit [clevelandclinic.org/healthychoice](http://clevelandclinic.org/healthychoice).
- A one-time \$60 credit is available in the portal to use toward the purchase of an activity device. Log in to your portal and select "Device Store" to learn more.

## 3 Complete 12 Awareness modules



- Log in to your Healthy Choice account.
- Under "Healthy Choice for New Caregivers – Required Tasks", select "View".
- Complete all 12 modules.

## 4 Finish strong by the final deadline



If you were hired between Jan. 1–Aug. 15, complete your program requirements by Sept. 30. If you were hired between Aug. 16–Sept. 30, reach out to our Wellness Specialists for more information at 216.986.1050, option 3.

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**Questions? The EHP team is here to help. Contact us at 216.986.1050, option 3, or visit our website at <https://employeehealthplan.clevelandclinic.org> for more information.**

Your health plan is committed to helping you achieve your best health. Rewards for participating in a wellness program are available to all employees. If you think you might be unable to meet a standard for a reward under this wellness program, you might qualify for an opportunity to earn the same reward by different means. We will work with you (and, if you wish, with your doctor) to find a wellness program with the same reward that is right for you in light of your health status.

*Remember:* HIPAA regulations apply to questions you ask about the members of your household covered by the Health Plan.

Under HIPAA, EHP, like other health insurers, is permitted to access health data for the purposes of claims payment, health program development and treatment coverage. As with any of our healthcare plans and programs, plan member privacy is protected in full compliance with HIPAA.

For more details about our privacy policies, visit <https://employeehealthplan.clevelandclinic.org/Privacy-Policy.aspx>