

Final Metrics FAQ

Complete and Report from Aug. 15 through Sept. 30 Deadline!

What To Know

What are final metrics?

Final metrics are your year-end measurements, such as your final weight, blood pressure and lab work. These results show the progress you've made toward your Healthy Choice goals.

When do I complete final metrics?

Complete and report your final metrics between **Aug. 15 and Sept. 30, 2026**

to earn your premium discount. You can report metrics separately as you complete each one.

What do I report once my final metrics are completed?

You do not need to report the metrics themselves. You must only report that each metric was completed, along with the location and date, by notifying your health coach or care coordinator. They will then review your results and determine whether your Healthy Choice goals were met.

I already had a metric completed. Can I redo it and resubmit?

Yes, as long as the metric is recorded by Sept. 30, 2026. You will provide the date of the reading you want to use. Multiple submissions are allowed through the Healthy Choice portal. The most recent submission will be used.

Where Can I Complete My Final Metrics?

Location	Appointment or Walk-in	Caregiver Only	Caregiver and Spouse
Primary care, specialty, or nurse visit	Appointment		✓
Final Metric Hub	Walk-in		✓
Express Care (Urgent Care is not an approved location)	Walk-in		✓
Walk-in Clinic (Main Campus, H18)	Walk-in	✓	
Walker or Lifestyles Fitness Centers	Appointment		✓
NEW: Cleveland Clinic AtWork	Walk-in	✓	
NEW: Amazon One Medical (Shaker Heights)	Appointment		✓

- **Final Metric Hubs:** Walk-in events will be held at Cleveland Clinic hospital locations Sept. 8–30 for members in Health Coaching or Coordinated Care programs who are completing final weight and/or blood pressure only. Visit clevelandclinic.org/healthychoice for the full list of locations, dates and times.
- **Express Care/Walk-in Clinic:** Main Campus H18 and Express Care options available.
- **Cleveland Clinic AtWork:** Garfield, Medina and North Canton, Monday through Friday, 7:30 a.m. to 4 p.m.

- **Amazon One Medical:** Van Aken District, Shaker Heights. Saturday, Aug. 29 and Saturday, Sept. 12, 2026, 8:30 a.m. to 4:30 p.m. Register at onemedical.com/sponsored-membership using code CLEVCMOM.
- **Walker and Lifestyles Fitness Centers:** Call ahead to schedule your appointment.

Fitness Center	Address	Phone Number
Walker Fitness Center (Main Campus)	10524 Euclid Ave. Cleveland, OH 44195	216.444.8765
Lifestyles Fitness Bath	4125 Medina Road Akron, OH 44333	330.665.8107
Lifestyles Fitness Green	1940 Town Park Blvd. Uniontown, OH 44685	330.896.5017
Lifestyles Fitness Stow	4300 Allen Road Stow, OH 44224	330.945.3107
Lifestyles Fitness Express	1 Akron General Ave. Akron, OH 44307	330.344.2212
Mercy North Canton	6200 Whipple Ave., NW North Canton, OH, 44720	330.966.8997

Please note: Lab work, such as a lipid panel, must be ordered by your provider. Healthy Choice hubs and events cannot draw labs, so please contact your provider's office early if lab work is needed.

Which Metrics Do I Need?

My incentive program is Health Coaching.

You only need to complete a final weight measurement. Additionally, if you have not reached your message requirement, you will want to continue to message your coach.

My incentive program is Coordinated Care.

You can view your required metrics in your Healthy Choice portal to see what is needed or connect with your Care Coordinator.

My incentive program is Activity.

Make sure your device is syncing to the Healthy Choice portal.

After You Finish

How do I report completion?

If enrolled in **Coordinated Care:** Report completion of your metrics via the Healthy Choice portal, MyChart message, email or phone call.

If enrolled in **Health Coaching:** Report completion of your metrics via the Healthy Choice portal or message your coach.

Will my health coach or care coordinator confirm they received my final metrics?

No. Reporting is the member's responsibility. Your portal confirmation screen is your receipt that your final metrics were sent to your care coordinator or health coach.

When will I see my discount?

You will see your 2027 premium discount amount in your Healthy Choice portal and Workday beginning October 14, 2026.

Questions? EHP Wellness Specialists are here to help.
216.986.1050, option 3 · clevelandclinic.org/healthychoice